

# AUGUST 2022

# Toledo Prep Academy

*This institution is an equal opportunity provider  
Some items may contain nuts and other known allergens  
Menu subject to change*

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1**

**2**

**3**

**4**

**5**

**8**

**9**

**10**

**11**

**12**

**15**

**16**

**17**

**18**

**19**

**22**

**23**

**24**

**25**

**26**

**29**

**30**

**31**

Ham & Cheese Sandwich  
Tator Tots  
Fruit & Veggie Choice  
Milk  
Breakfast: Bagel Bar, Applesauce, Juice, Milk

Pepperoni Pizza  
Corn Casserole  
Fruit & Veggie Choice  
Milk  
Breakfast: Honey Nut Cheerios, Banana, Juice, Milk

Mini Corn Dogs  
Baked Beans  
Fruit & Veggie Choice  
Choc. Chip Cookie  
Milk  
Breakfast: Blueberry Muffin, Mixed Fruit, Juice, Milk

**TACO TUESDAY!**  
Build your soft taco with Chicken or Beef  
Pintos and Cheese  
Fruit & Veggie Choice  
Milk  
Breakfast: Trix Bar, Apple slices, Juice, Milk

Chicken Nuggets  
Mashed Potatoes/Gravy  
Roll & Butter  
Fruit & Veggie Choice  
Milk  
Breakfast: Breakfast Pizza, Applesauce, Juice, Milk

Turkey Bacon Wrap  
Macaroni Salad  
Pickle Spear  
Fruit & Veggie Choice  
Milk  
Breakfast: Lucky Charms, Banana, Juice, Milk

Pepperoni Pizza  
Steamed Broccoli  
Fruit & Veggie Choice  
Milk  
Breakfast: Cheese Omelet, Grahams, Raisins, Juice, Milk

Hot Dog on a bun  
Mixed Vegetables  
Fruit & Veggie Choice  
Milk  
Breakfast: Cinni Minnis, Juice, Orange Wedges, Milk

**TACO TUESDAY!**  
Bean & Beef Burrito  
Chips & Salsa  
Fruit & Veggie Choice  
Milk  
Breakfast: Lucky Charms, Banana, Juice, Milk

PB&J Sandwich  
Baked Potato  
Butter, Sour Cream  
Fruit & Veggie Choice  
Milk  
Breakfast: Egg Biscuit, Juice, Fruit, Milk

*Did you know?*  
In August 1762 the sandwich, as we know it, was created when the Earl of Sandwich requested meat between two pieces of bread.

## Fruit Choices

- At least two choices available daily*
- Applesauce
  - Whole Apple or Slices
  - Whole Orange or Wedges
  - Mandarin Oranges
  - Pineapple Bits
  - Mixed Fruit
  - Pears
  - Peaches
  - Bananas
  - Seasonal Fruit (when available)
  - Grapes
  - Strawberries
  - Blueberries
  - Cantaloupe
  - Watermelon

## Vegetable Choices

- At least two choices available daily*
- Side Salad
  - Broccoli Florets
  - Baby Carrots
  - Celery Sticks
  - Cauliflower Florets
  - Cherry Tomatoes
  - Jicama Sticks
  - Pepper Slices
  - Pickle Spears
  - Cucumber Slices